

NPC



January 5, 2010

TO : NPC District Chairpersons
FROM : Jim Manion
SUBJECT : 2009 BOARD OF GOVERNORS CHANGES

At ourfrile.ettillgheld on Noventbe:r 19,2009 in Fort Lauderdale, Florida the following changes were approved for 2010.

NPC BIKINI CONTESTS

Beigtuiipg i112019~11bjkini athletes musthave requalified in 2009 for nationaLevents. Any NPC sanctioned event will qualifY athlete for National events.

Due to numerous complaints the suits for women's bikini must meet the following criteria:

The bikini competitor will be judged wearing a two-piece suit preferably "off the rack" type suit. Suit must be worn at the weigh in for determination of proper fit. The bottom should be in good taste covering about 50% of the gluteal area. No thong type suits will be allowed. If the athlete has any questions they should bring a second suit with a more modest bottom. The final decision will rest with the District Chairman or his representative at the competition. (Examples are included for what is considered appropriate.)

The Head judge at each event will instruct the athletes at the athlete meeting that they are not permitted to "hike up" the bikini bottom or will face possible disqualification. This should be reiterated by the expediters prior to the athletes entering the stage.

CRITERIA FOR BIKINI ATTIRE IN COMPETITION

The bikini competitor will be judged wearing a two-piece suit preferably "off the rack" type suit. The bottom should be in good taste covering about 50% of the gluteal area. No thong type suits will be allowed. If you have any questions bring a second suit with a more modest bottom. The final decision will rest with the District Chairman or his representative at the competition.



Too small



Too Small



OK