

**IFBB John Simmons Pro Men's 202 and Pro Bikini Championships &  
NPC John Simmons Bodybuilding, Fitness, Figure & Bikini Classic  
September 17<sup>th</sup> & 18<sup>th</sup>, 2010  
Cobo Convention Center - One Washington Blvd, Detroit, MI 48226**

- CONTACT INFO:** John Simmons 248.910.4344 [John.Simmons@ISSFestival.com](mailto:John.Simmons@ISSFestival.com)  
Jennifer D. Peckham 586.531.4814 [Jennifer.Peckham@ISSFestival.com](mailto:Jennifer.Peckham@ISSFestival.com)
- SPECIAL GUESTS:** NCAA Football Hall of Fame Inductee and WWE Wrestler - Ron Simmons  
Master of Ceremonies (Pro Show) - IFBB Pro Mr. Shawn Ray  
Guest Poser (Amateur Show) - Michigan's Own IFBB Pro Mr. Lawrence Hunt
- NPC ENTRY FEES:** \$80 if postmarked by August 31, 2010. Entries postmarked September 1<sup>st</sup> or after \$100.  
Masters to Open and Fitness to Figure crossovers will be an additional \$25 per class.  
**Checks Made Payable to: ISS Festival Productions**  
**Mail to: Jennifer D. Peckham, 68275 Eoin Way, Washington, MI 48095**  
Final registration for the show will be on Friday, September 17<sup>th</sup> at Cobo.
- IFBB/NPC CHECK-IN:** **Early Check-In / Weigh-In: Friday, 9/17 from 12pm-2pm, Cobo Center**  
**Final Check-In / Weigh-In : Friday, 9/17 from 6pm -9pm, Cobo Center**  
**NO ENTRIES WILL BE ACCEPTED ON 9-18-10, THE DAY OF THE SHOW!**
- EVENT SCHEDULE:** **Saturday, September 18, 2010:**  
12 pm NPC (Amateur) Prejudging - Expo Stage  
**4 pm IFBB (Pro) Prejudging - Ballroom**  
6 pm NPC Finals - Expo Stage  
**9 pm IFBB Finals - Ballroom**
- HOST HOTEL:** Courtyard by Marriott - 333 East Jefferson Ave, Detroit, MI 48226  
Phone: 313.222.7700 Discount Code: ISSFESTIVAL
- TICKETS:** Entry to the Amateur show may be gained by purchasing a \$10 Expo ticket.  
Men's 202 Pro & Pro Bikini tickets will run \$25 for Prejudging and \$50, \$40, or \$30 for Finals.  
Tickets may be purchased at the door, through completion and mailing of the attached ticket order form or by contacting Jennifer D. Peckham or John Simmons. (See Contact Info)
- NPC ELIGIBILITY:** This event is open to any U.S. athlete regardless of state of residency. **All competitors must have a current NPC card and proof of age** (copy of birth certificate or Driver's License) evidencing that they will be of eligible age on the day of the event. **NPC cards will be available at check-in on Friday 9/17 for \$90. Please bring a \$90 check or money order made payable to "NPC of the USA". (CASH WILL NOT BE ACCEPTED)**
- NPC ROUTINES:** Athletes must submit their own music on CD at check-in on Friday. Discs must have track number and name clearly labeled. Routines will be performed at Finals only. There is a 90 second limit for bodybuilders and 2 minute limit for fitness competitors.
- SPRAY TANNING:** Liquid Sun Rayz LLC will be offering their services at the Host Hotel on Friday, 9/17 as well as backstage on Saturday 9/18. Appointments are limited and may be booked online.  
[www.liquidsunrayz.com](http://www.liquidsunrayz.com) Phone 513.460.6152
- VIDEOS/PHOTOS:** Dream Video will film this event. Videos may be ordered on the day of the show. All other video equipment is strictly prohibited. Photographers will also be on site.
- AWARDS:** We are proud to announce that Clay Williams of Eaglewood Sculptors will award custom Body Sculptures to the winners of the Pro Men's 202 and Pro Bikini Contests. See Clay at his booth at the ISS Expo or visit [www.eaglewoodsculptors.com](http://www.eaglewoodsculptors.com).  
**NPC:** Top 5 placings in each class will receive trophies.